



**Canadian Red Cross**

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*Dear Facilitator Candidate:*

*Thank you for your interest in the Canadian Red Cross (CRC) Babysitting Course and PeopleSavers program. The self-study guide was developed specifically to orient you to deliver the Babysitting Course and/or PeopleSavers program.*

*To learn how to teach this program, you must successfully complete the self-study guide. Along with the self-study guide, facilitator candidates will receive the **Babysitting Course Facilitator's Guide** and **Babysitter's (participant) Manual** and/or **PeopleSavers Facilitator's Manual** and **PeopleSavers (participant) Workbooks – Levels 1-4** depending on your program of interest. When all components of the self-study guide have been completed, the entire self-study guide (including completed answer sheet and attestation form) must be forwarded to the Red Cross Zone Office for processing. If successful, a facilitator certification card will then be issued to you.*

*The aim of every Red Cross First Aid program is to provide individuals with the knowledge and skills to prevent injuries. The aim of the Babysitting Course and PeopleSavers program is to help children become aware of safety hazards and learn how to call for help and care for an injured person. As you read through the course materials and become familiar with teaching the program, please feel free to forward any ideas and comments to your Red Cross Zone Office.*

*First Aid Services  
Canadian Red Cross*

## How to Become a Babysitting Course Facilitator and/or PeopleSavers Facilitator

### Pre-requisites:

The pre-requisites to become a Red Cross Babysitter Course Facilitator and/or PeopleSavers Facilitator are:

- be a minimum of 16 years of age;
- provide proof of a current Canadian Red Cross Standard First Aid (SFA) or equivalent;
- complete a Red Cross Application Form and
- provide two letters of reference (e.g. ability to work with children/youth; facilitating/teaching ability); NOTE: Optional, if you already a current registered instructor with Red Cross (i.e. FAI, CPRI, WSI, RespectED Educator)
- successfully complete the Babysitting Course/PeopleSavers Facilitator self-study guide (with 80% accuracy)

### Self-Study Guide:

Eligible Facilitator Candidates may self-study to orient to the Babysitting Course or PeopleSavers program. To complete this self-study you must:

1. Complete the attached registration form and send it to the Zone Office with payment of **(BS Only \$40PS Only \$40BS & PS Combined \$60)** and proof of pre-requisites (proof of age, current Standard First Aid, letters of reference). You will then be sent the following materials:
  - *Babysitting Course Facilitator's Guide (2003)*
  - *Babysitter's (participant) Manual (2003)*  
and/or
  - *PeopleSavers Facilitator's Manual*
  - *PeopleSavers (participant) Workbooks – Levels 1-4*

Read and review the *Facilitator Guide/Manual* and *Participant Materials*. Have on hand a copy of the most current edition of *First Aid: The Vital Link manual*.

2. Complete either the 95-question self-study guide exam (both Babysitting Course and PeopleSavers) or the 60-questions self-study guide exam (Babysitting Course or PeopleSavers).
3. Send the entire self-study exam including answer sheet (Section C) and attestation form (Section D) back to your Canadian Red Cross Zone Office. If you successfully complete the guide and provide proof of previous teaching experience or completed co-facilitation evaluation form (Section E), your card will be sent through the mail.

### Certification:

Upon successful completion of the self-study guide, facilitator candidates must also complete a co-facilitation assignment during a Babysitting Course or PeopleSavers session (depending on your program of interest). Once you have successfully completed your facilitator self-study guide and demonstrated competency during a co-facilitation of a course, a Babysitting Course or PeopleSavers Facilitator certification card will be issued. Certification will remain current for as long as you possess a current SFA, CRC Instructor (e.g. FAI, WSI) or equivalent and submit proof to your CRC Zone Office.

The co-facilitation assignment may be waived if you are able to provide proof of previous teaching experience (e.g. Red Cross First Aid Instructor certification, Red Cross Water Safety Instructor certification, school teaching certificate). Please submit proof with your completed registration form.

### **After Receiving Confirmation of your Facilitator Status:**

After you receive approval from your Zone Office to facilitate courses, remember to familiarize yourself with the *Facilitator Guide/Manual* and *Participant Materials*.

Read the lesson outlines in the Facilitator Guide/Manual for specifics about each lesson. As you go through these sections, follow along in the participant manual/workbooks and other Vital Link materials to give you an idea of the flow of the course.

It is important that you become extremely familiar with the content. Avoid adding your own methods or additional knowledge learned outside of the Red Cross programs. Remember, this approach can cause confusion for the participants.

### **Re-Certification:**

In order to recertify your Facilitator status you will need to keep your Standard First Aid (SFA) current. Prior to your Facilitator expiry date, a copy of your current SFA certification, along with your current contact information should be mailed, faxed or e-mailed to your Red Cross Zone Office, indicating your desire to recertify. If you are a Red Cross First Aid Instructor, your Facilitator award will automatically recertify with your First Aid Instructor Recertification.



## Babysitting Course Facilitator/ PeopleSavers Facilitator Self-Study Guide Application Form

Please complete this registration form including proof of pre-requisites and send it to your Red Cross Zone Office who will send you a Babysitting Course/PeopleSavers Facilitator Self-Study Guide. If you have any questions regarding the self-study guide, contact your Red Cross Zone Office.

### PLEASE COMPLETE

Facilitator Candidate's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Bus. Phone (\_\_\_\_) \_\_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_ Date of Birth (d/m/y) \_\_\_\_/\_\_\_\_/\_\_\_\_

- |    |   |   |                                       |
|----|---|---|---------------------------------------|
| 1. | I am applying as a facilitator for (check all that apply):  | <input type="checkbox"/> Babysitting Course | <input type="checkbox"/> PeopleSavers |
| 2. | I am sixteen (16) years of age or older.  | <input type="checkbox"/> yes                | <input type="checkbox"/> no           |
| 3. | I have a current Standard First Aid certificate and attached proof.   | <input type="checkbox"/> yes                | <input type="checkbox"/> no           |
| 4. | I have attached two (2) letters of reference.   | <input type="checkbox"/> yes                | <input type="checkbox"/> no           |
| 5. | I have previous teaching experience and attached proof.   | <input type="checkbox"/> yes                | <input type="checkbox"/> no           |
| 6. | Preferred language of correspondence:   | <input type="checkbox"/> English            | <input type="checkbox"/> French       |
| 7. | Can the CRC issue your name and contact number to Authorized Providers looking for Babysitting Course or PeopleSavers facilitators? | <input type="checkbox"/> yes                | <input type="checkbox"/> no           |

I certify that the information in this application is correct and complete. I agree to behave in accordance with the Fundamental Principles of the Red Cross.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

### Method of payment:

Cheque     Money Order     MC     VISA     AMEX

Card #: \_\_\_\_\_

Exp date: \_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

### PLEASE READ CAREFULLY

Please complete this registration form and return it along with your payment to your Canadian Red Cross Zone Office First Aid Services.

Canadian Red Cross  
Atlantic Zone  
70 Lansdowne Ave.  
P.O. Box 39  
Saint John, NB E2L 3X3  
Tel: 1-888-920-4888  
Fax: 1-888-834-4545

Canadian Red Cross  
Ontario Zone  
5700 Cancross Court  
Mississauga, ON L5R 3E9  
Tel: 1-888-890-1997  
Fax: (905) 890-6777

Canadian Red Cross  
Quebec Zone  
6 Place du Commerce  
Verdun, QC H3E 1P4  
Tel: 1-800-592-7649  
Fax: (514) 362-9991

Canadian Red Cross  
Western Zone  
1305 11<sup>th</sup> Ave., S.W.  
Calgary, AB T3C 3P6  
Tel: 1-888-307-7997  
Fax: 1-800-811-8877