

**Mandatory Changes to Course Content of  
Canadian Red Cross Emergency First Aid and Standard First Aid Courses**

	<b>CONTENT Objectives/Must Knows</b>	<b>Student Manual</b>	<b>Instructor Manual</b>	<b>Comments</b>
1.	Describe Dressings and Bandages a) Characteristics b) Uses c) Improvised Dressings d) Guidelines for applying	Pg 109		<b>CHANGE</b> Ensure content is covered in EFA and the first day of SFA under Deadly Bleeding
2.	Demonstrate how to use a triangular bandage. a) Broad Bandage b) Narrow Bandage		Pg 43	<b>CHANGE</b> Ensure content is covered in EFA and the first day of SFA under Deadly Bleeding Pg 43 of IM shows how to fold bandage
3.	Define Major Wounds.	Pg 66-68	Pg 101-102	Ensure content is covered thoroughly in EFA and the first day of SFA under Deadly Bleeding
4.	Describe the difference between venous and arterial bleeding		Pg 101	<ol style="list-style-type: none"> <li>1. Arterial Bleeding: <ul style="list-style-type: none"> <li>o Bright red</li> <li>o Is under high pressure</li> <li>o Can spurt with each contraction of the heart</li> </ul> </li> <li>2. Venous Bleeding: <ul style="list-style-type: none"> <li>o Darker red</li> <li>o Flows slowly and evenly</li> </ul> </li> </ol>

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5.	Define severe external and internal bleeding.	Pg 66-68	Pg. 101-102	Ensure content is covered thoroughly in EFA and the first day of SFA under Deadly Bleeding
6.	Define Partial and complete amputation.	Pg 118		<b>CHANGE</b> Ensure content is covered in EFA and the first day of SFA under Deadly Bleeding
7.	Describe the first aid for: a) Partial amputation b) Complete amputation	Pg 118-119		
8.	Demonstrate on a simulated casualty the first aid for a partial and complete amputation	Pg 118-119		
9.	State how to care for an amputated part	Pg 119		
10.	Define fainting	Pg 136-137	Pg 137-138	<b>CHANGE</b> Ensure content is covered in EFA and the first day of SFA under Check, Call, Care
11.	Name three common causes of fainting	Pg 136	Pg 137-138	
12.	Describe the signs and symptoms of an impending faint	Pg 136		
				<ol style="list-style-type: none"> <li>1. Dizziness</li> <li>2. Nausea</li> <li>3. Skin that is paler than normal</li> <li>4. Cool sweaty skin</li> </ol>

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13.	Describe the first aid for a person who: a) Feels faint b) Has fainted	Pg 136  Pg 137	  Pg 138	<p>a. Feels Faint</p> <ul style="list-style-type: none"> <li>○ Have the person sit or lie down</li> <li>○ Keep the person hydrated and nourished</li> <li>○ Loosen tight clothing around the neck</li> <li>○ When assisting the person to stand up from sitting or laying down, do so slowly</li> </ul> <p>b) Has fainted</p> <p>When the person wakes up,</p> <ul style="list-style-type: none"> <li>○ keep him lying down until he feels better</li> <li>○ Then assist him to sit up slowly</li> </ul>
14.	Ensure students demonstrate the complete circle of care from assessment, to monitoring the person, to covering with a blanket	Pg 26-35	Pg 73-79	Ensure content is covered thoroughly in EFA and the first day of SFA
15.	State the first aid priorities to be followed in the multiple casualty Situation	Pg 26-27	Pg. 74	Ensure content is covered in EFA and the first day of SFA